





1-MILE BOOTCAMP IN THE MALL

Saturday, January 20, 2018 | The Mall in Columbia | 9am-10am

Looking for a fun way to combine healthy eating with a fun fitness activity? Grab your kids and embark on a I-mile course in the Columbia Mall doing bootcamp exercises at our favorite stores! Exercises are designed for kids and adults of all fitness levels.

BOOTCAMP PARTNERS

Nordstrom | GAP | C Penny | Yogibo Lord & Taylor | Piercing Pagoda Williams-Sonoma | Capital Teas Build-A-Bear | Banana Republic Cartoon Cuts | My Gym | Fitness 19 Hanna Andersson Proceeds Benefit Every Kid Can Cook, a non-profit program of Healthy Little Cooks Initiatives

REGISTER@ www.HealthyLittleCooks.com/bootcamp

















A FUN EVENT FOR THE FIT (AND GETTING FIT) FAMILY

 $Email\ Gabi@Healthy Little Cooks.com$

Brought to you by Every Kid Can Cook. Title Sponsor: Healthy Little Cooks.

Event Sponsors









